



Equally Well

Improving the physical health and wellbeing of people living with mental illness in Australia

National Consensus Statement

Our vision is to improve the quality of life of people living with mental illness by providing equity of access to quality health care, with the ultimate aim of bridging the life expectancy gap between people living with mental illness and the general population.

We commit to making the physical health of people living with mental illness a priority at all levels: national, state, territory and regional.

We commit to bringing the importance of physical wellbeing across the spectrum of health – from promotion and prevention to treatment – for people of all ages across our whole society to public attention, to spur change.

We commit to partnering with consumers and carers, service providers, planners, policy makers and funders, to achieve our vision.

We will improve the physical health of people living with mental illness by acting to deliver:

1. a holistic, person centred approach to physical and mental health and wellbeing
2. effective promotion, prevention and early intervention
3. equity of access to all services
4. improved quality of health care
5. care coordination and regional integration across health, mental health and other services and sectors which enable a contributing life
6. the monitoring of progress towards improved physical health and wellbeing.

We call on organisations across Australia to pledge support for this change.

**To pledge to this Consensus Statement
please go to www.equallywell.org.au**

