

## Supporter Initiatives and Activities

Dear Equally Well Supporter,

Late last year your organisation committed to support *Equally Well*. We sincerely thank-you for your support of this initiative. *Equally Well* has been enthusiastically welcomed across the sector, and so far over 70 national, state and local organisations have pledged their support. (See <https://equallywell.org.au/supporters/> for the full list of supporters.) The recently released *Fifth National Mental Health and Suicide Prevention Plan* references *Equally Well* in its first Action in Priority Area 5: *Improving the physical health of people living with mental illness and reducing early mortality*.

The Equally Well Implementation Committee comprises senior representatives from across the jurisdictions and across a diverse range of mental health sectors, <https://www.equallywell.org.au/about/>. With support from Charles Sturt University, this group seeks to collect, collate and disseminate examples of innovation to improve the physical health of people living with mental illness in Australia. It also seeks to facilitate collaboration and identify opportunities for the development of additional resources.

The committee acknowledge and recognise the important work already undertaken in this area. We also wish to identify any new initiatives underway or planned. This information will assist the committee to showcase examples of good practice and to identify opportunities for future collaboration.

To facilitate this process, your assistance in completing the following table would be appreciated. The attached table has three columns: current actions and initiatives, planned initiatives, and ways the committee might be able to assist. The table is organised by the six essential elements (below) of the *Equally Well* consensus statement. A full copy of the Equally Well consensus statement is available at <https://www.equallywell.org.au/media/>.

We plan to update this information annually to stay apprised of any new initiatives and progress. If you have any questions, or should you wish to discuss further please contact Lee Cobb, Equally Well Project Manager, at email [lcobb@csu.edu.au](mailto:lcobb@csu.edu.au), or phone 02 6365 7630.

Thank you  
Associate Professor Russell Roberts  
Co-Chair, Equally Well Implementation Committee

Organisation Name \_\_\_\_\_

Respondent name \_\_\_\_\_ Role \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

*Please complete as applicable. You do not need to fill in every cell or row.*

Equally Well Six Essential Elements <sup>1</sup>	Current Initiatives and actions	Planned initiatives in the next 12-24 months	Ways in which the Equally Well Implementation Committee might assist.
1. Holistic person centred approach to physical and mental health and wellbeing			
2. Effective promotion, prevention and early intervention			
3. Equity of access to all services			
4. Improved quality of healthcare			

<sup>1</sup> See table on page 1. The **list of actions** associated with each Essential Element can be found at <https://www.equallywell.org.au/media/>

Equally Well Six Essential Elements <sup>2</sup>	Current Initiatives and actions	Planned initiatives in the next 12-24 months	Ways in which the Equally Well Implementation Committee might assist.
5. Care coordination and regional integration across health, mental health and other services			
6. The monitoring of progress towards improved physical health and well being			
7. Other			

**Please list the resources you would be happy to share on the Equally Well website;**

Resource Name	Link or attachment

<sup>2</sup> The list of actions associated with each Essential Element can be found at <https://www.equallywell.org.au/media/>