

PROGRAM - DAY ONE

9.30 Registration and morning tea		Notes:		
10.15 Welcome to Country & Acknowledgement of Lived Experience				
10.30 The Hon Greg Hunt MP, Federal Minister of Health (Video-link)				
10.35 Symposium Welcome & Opening Address - Lucy Brogden				
11.10 Lifestyle and Physical Activity - Simon Rosenbaum				
11.45 Equally Well New Zealand - Helen Lockett & Caro Swanson				
12.20 Lunch				
1.00 Concurrent sessions showcasing innovation				
<p>System level reform / Coordinated care</p> <p>Auditorium - Level 5</p> <p>Chair Murray Wright</p> <p>Anna Love Equally Well in Victoria - Physical health framework for specialist mental health services.</p> <p>Libby Dunstan Addressing the physical health of people with mental health conditions – the Brisbane North PHN experience.</p> <p>Steven David Integrative multidisciplinary services - Key towards improvement in mental health care delivery.</p> <p>Andrew Watkins Keeping the Body in Mind: A lifestyle intervention program for people with Severe Mental Illness.</p>	<p>Supporting healthy lifestyles - Smoking</p> <p>Room 1 - Level 7</p> <p>Chair Kim Ryan</p> <p>John Allan Mental health and smoking cessation</p> <p>Nadine Cocks & Lisa Brophy Quitlink: A Peer supported Smoking Cessation Research Project.</p> <p>Rachel Whiffen Tackling Tobacco in Mental Health Services - Translating evidence into practice.</p> <p>Sally Plever Physical Health and Mental Health – Multi-site clinical practice improvement.</p>	<p>Carers and supporters</p> <p>Room 2 - Level 7</p> <p>Chair Elida Meadows</p> <p>Debbie Childs The 'C' word: Why carers matter.</p> <p>Anne Muldowney Counting past one: The psychological and physical wellbeing of carers in Australia.</p> <p>Brenda Happell Someone has to do it! Carers experiences of physical health care for consumers of mental health services.</p> <p>Marie Piu Catch 22: Taking a holistic approach to health. The mental health family and friends experience in Victoria.</p>	<p>Peer work & Co-design</p> <p>Room 3 - Level 7</p> <p>Chair Catherine Brown</p> <p>Vicki Langan Active8 - A peer lead physical health and wellbeing program.</p> <p>Vicki Langan & Whitney Lee Pictorial physical health prompt: A co-design process.</p> <p>Katherine Moss Physical health and mental illness: Giving a voice to consumers.</p> <p>Carolynne White & Natalie Jovanovski Re-focusing weight-related public health initiatives to promote mental and physical health.</p>	<p>Focus on community care</p> <p>Room 4 - Level 7</p> <p>Chair Caroline Johnson</p> <p>Lauren Gibson Chronic disease preventive care provision in one mental health community-managed organisation.</p> <p>Tara Clinton McHarg CMO connect: a role for CMOs in connecting physical and mental health.</p> <p>Andy Simpson The development of a side effect & preventive health screening tool in a community mental health setting.</p> <p>Caitlin Fehily Embedding a specialist preventive care clinician in a community mental health service.</p>
2.40 Afternoon break				
3.00 Facilitated focussed workshops (The recommendations will be published in the book of proceedings)				
<p>Equally Well NZ and Australia: Collaboration and collective impact</p> <p>Auditorium - Level 5</p> <p>Facilitator Helen Lockett</p> <p>Emma Wood What makes for successful collaboration.</p>	<p>Supporting healthy lifestyles - smoking</p> <p>Room 1 - Level 7</p> <p>Facilitator John Allan</p> <p>Cathy Segan Existing interventions and future directions.</p>	<p>Supporting healthy lifestyles - diet and exercise</p> <p>Room 2 - Level 7</p> <p>Facilitator Andrew Watkins</p> <p>Rebecca Hallam Physical health is everyone's business: Let's make it standard practice.</p>	<p>GP care and PHN, NGO, LHN coordination</p> <p>Room 3 - Level 7</p> <p>Facilitator Libby Dunstan</p> <p>Mark Morgan Ways in which GPs can manage physical illness alongside mental illness and suggestions to support team-based collaborative care.</p>	<p>Ensuring the right to health is maintained in mental health services</p> <p>Room 4 - Level 7</p> <p>Facilitator Chris Maylea</p> <p>Lynne Coulson Bar People's right to have medical and other health and disability needs recognised and responded to by mental health services-data and insights from complaints to the MHCC.</p>
4.15 Panel and Summary Session				
Chair Russell Roberts Speakers Mark Morgan, Indigo Daya, John Allan				
4.45 Break				
5.15 Special Event: Launch of the "Equally Well in Victoria - Physical Health Framework for Specialist Mental Health Services" - Anna Love				
6.00 Networking function				