

PROGRAM - DAY TWO

8.15 Registration		Notes:		
8.30 Welcome to Country & Acknowledgement of Lived Experience				
8.40 Opening Message - Andy Bell / Sarah Hughes, Equally Well UK (Video-link)				
8.50 Physical Health as a Human Rights Issue - Indigo Daya and Chris Maylea				
9.15 Intersections of mental and physical health: Healthtalk Australia and the value of online health and illness experiences Dave Peters and Kate Johnston-Ataata				
9.40 Nurses: Part of the solution - Kim Ryan				
10.05 Process and progress: The physical health of those with a serious mental illness - An advocacy priority - Kym Jenkins				
10.30 Morning break				
10.50 Concurrent sessions showcasing innovation				
<p>Prevention and early intervention across life's stages</p> <p>Auditorium - Level 5</p> <p>Chair Kim Ryan</p> <p>Kate Jackson <i>What do we know about the physical health of older people with mental illness, and what does this mean for improving care?</i></p> <p>Rod McKay <i>Improving physical health care in mental health services for older people: Reflections on a decade of local and statewide initiatives.</i></p> <p>Katherine Johnson <i>Improving the health of LGBT+ people: what does "early intervention" mean in a landscape of social inequality?</i></p> <p>Russell Roberts <i>How does promotion, prevention and early intervention apply to people living with enduring mental illness?</i></p>	<p>Consumer perspectives and rights</p> <p>Room 1 - Level 7</p> <p>Chair Indigo Daya</p> <p>Keir Saltmarsh <i>Consumer perspectives and experiences of physical health needs and mental health treatment - what personal stories and complaints tell us about the need for change.</i></p> <p>Wanda Bennetts <i>The role of advocacy in maintaining the right to health.</i></p> <p>Katherine Gill <i>Consumer/carer experiences of FND: The abyss between brain, mind and body.</i></p> <p>Barri Phatarfod <i>Self-harm and suicidality in Australian run immigration detention system.</i></p> <p>Maggie Toko <i>Healing - I couldn't do it without you – a modern day posse.</i></p>	<p>Supporting healthy lifestyles - diet and exercise</p> <p>Room 2 - Level 7</p> <p>Chair Dave Peters</p> <p>Katherine Moss <i>The physical health and activity of forensic mental health patients.</i></p> <p>Nicci Tepper and Fiona Glover <i>Low intensity CBT for clients with chronic disease identified by allied health professionals.</i></p> <p>Mandy Lee-Noble <i>Promoting health without stigma: Delivering a weight-neutral behaviour change program.</i></p> <p>Katie Stewart <i>Exercise medicine: Improving the physical health of people living with mental illness.</i></p>	<p>The National Perspective</p> <p>Room 3 - Level 7</p> <p>Chair Aaron Groves</p> <p>Murray Wright <i>The national perspective.</i></p> <p>Marcus Nicol <i>Fifth Plan's priority 5 – Improving physical health: Progress and update.</i></p> <p>Jenny Bowman <i>What works in system reform.</i></p> <p>Ben Harris <i>Australia's Physical and Mental Health Tracker – Targeting action and accountability.</i></p>	<p>Focus on quality care</p> <p>Room 4 - Level 7</p> <p>Chair Peggy Brown</p> <p>Jade Ryall <i>Let's talk: Conversations for better health and wellbeing.</i></p> <p>Brenda Happell <i>From understanding the problem to developing a solution: The introduction of a specialist physical health nurse consultant role.</i></p> <p>Lisa Brophy <i>Talking to people with serious mental illness about bowel cancer.</i></p> <p>Teresa Kelly <i>Heartscapes: A new narrative for understanding the complexities that underpin cardiovascular vulnerability.</i></p>
12.30 Lunch				
1.10 Facilitated focussed workshops (The recommendations will be published in the book of proceedings)				
<p>Lessons of implementation</p> <p>Auditorium - Level 5</p> <p>Facilitator Kim Ryan</p> <p>Rod McKay and Kate Jackson</p>	<p>Navigating mental health in a digital world: How safe is it?</p> <p>Room 1 - Level 7</p> <p>Facilitator Peggy Brown</p> <p>Peggy Brown</p>	<p>Where best to invest enable meaningful reform</p> <p>Room 2 - Level 7</p> <p>Facilitator Vinay Lakra</p> <p>John Allan</p>	<p>'A Spoonful of Sugar' - Medications and Side Effects</p> <p>Room 3 - Level 7</p> <p>Facilitator Rebecca Randall</p> <p>Wanda Bennetts</p>	
2.20 Action Summary - Dave Peters				
2.35 Closing Address - Fay Jackson				
3.00 Symposium Close				