



flourish

like Judi

...for us, flourishing is when my son  
Brendan's mental health and my  
wellbeing are taken care of.

-Judi, carer and mum

To learn about  
our recovery-focused  
mental health support,  
including NDIS services,  
call 1300 779 270 or visit  
our local centres.

**flourish**  
AUSTRALIA

Where mental wellbeing thrives

[flourishaustralia.org.au/judi](http://flourishaustralia.org.au/judi)