

2024 Equally Well Forum – Day 1

Monday, 27 May 2024

PROGRAM

11.30	Registration			
12.00	Co-Chair Welcome			
12.05	Welcome to Country			
12.15	Opening Address The Hon. Ingrid Stitt MP, Victorian Minister for Mental Health (recorded message)			
12.35	Launch of the Equally Well Consumer Resource by Chris Maylea & Tessa Zirnsak			
1.00	Russell Roberts , Unequally Unwell. National data linkage on premature mortality - Where to from here?			
1.25	Stretch (moving to workshop areas)			
1.30	Workshops			
Themes	Training & Education on Holistic Care	Dealing with Power Imbalance	Co-Design Implementation	Peer Workforce
Facilitator	Sam Manger & Tetyana Rocks	Chris Maylea & Dave Peters	Vicki Langan & Lydia Turda	Tim Heffernan & Keir Saltmarsh
2.30	Afternoon break			
3.00	Workshop summary			
3.20	Participant Led Panel – <i>Embedding Lived Experience: goals and aspirations</i>			
Chair	John Allan			
Panelist	Catherine O'Donnell	De Backman-Hoyle	Shannon Harwood	Kathy Wilson
4.00	Panel Questions & Summary			
4.15	Stretch			
4.20	Taimi Allan , Mental Health Commissioner for South Australia			
4.45	Sam Manger - <i>The GP Encounter: Embedding personal agency and autonomy</i>			
5.10	Equally Well Awards presentation			
5.25	Forum closing comments			
5.45	Networking Function			

2024 EQUALLYWELL FORUM
Embedding Lived Experience

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2024 Equally Well Forum – Day 2

Tuesday, 28 May 2024

PROGRAM

8.00	Registration		
8.30	Co-Chair welcome		
8.35	Acknowledgement of Country		
8.35	Forum welcome by Anna Love , Chief Mental Health Nurse, Safer Care Victoria		
9.00	Simon Kozak , Equally Well New Zealand - <i>Stepping Out of the Echo Chamber</i>		
9.25	Stretch (reconvening back to main group)		
9.30	Workshops		
Theme	How can Carers address the findings in the Equally Well mortality report?	Inclusive Practice	Lived Experience Leadership
Facilitator	Sharon Lawn	Clifford Lewis	Darren Wagner
10.30	Morning break		
11.00	Workshop Summary		
11.20	Dean Kolovos & Caroline Lambert , Victorian Collaborative Centre for Mental Health and Wellbeing - <i>Embedding Lived Experience Plans & Strategies Snapshot</i>		
11.45	What is the future for Lived Experience Leadership? - Discussion with Q & A		
Facilitator	Amanda Wheeler		
Discussants	Camilo Guaqueta Peter Schmiedgen	Carolyn Gillespie Tim Heffernan	Kerry Hawkins
12.45	Lunch break - catering in foyer area		
1.45	Rachel Fishlock , Gayaa Dhuwi (Proud Spirit) Australia		
2.10	Eric Brymer , Southern Cross University— What is green exercise?		
2.35	The Peoples Panel: The way forward		
Chair	Taimi Allan		
Panelist	Simon Kozak Equally Well New Zealand	Victorian Mental Health and Wellbeing Commission	Anu Dhingra SANE Emily Unity Equally Well LGBTQIA+ & Youth Ambassador
3.15	Panel Questions & Summary		
3.30	Forum closing comments		
3.35	Forum close		

Forum Program

This is program may change at short notice due to COVID and other circumstances beyond our control. Please refer to the Equally Well website for updates.